

# PESTOLA CONFERENCE • 2012

Hosted by Cook Children's Medical Center

January 27-29, 2012

Cook Children's Medical Center • Hochberger Auditorium  
801 Seventh Avenue • Fort Worth, TX 76104



*The Pediatric Endocrinology Society of Texas, Oklahoma, Louisiana and Arkansas (PESTOLA) invites you to our annual conference designed for health care professionals who treat children with diabetes and endocrine disorders. Participants will be able to improve their diagnostic and therapeutic practice through access to the most current information in this specialized field. We hope you will join us as we learn from recognized experts in the field of pediatric endocrinology.*

## **Objectives**

- 1) *Discuss clinical signs and symptoms of pediatric endocrine problems.*
- 2) *Explain the current management of specific pediatric endocrine problems.*

## **Accreditation statements**

Cook Children's Medical Center is accredited by the Texas Medical Association to provide continuing medical education for physicians. Cook Children's Medical Center designates this live activity for a maximum of 8.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credits commensurate with the extent of their participation in the activity. Cook Children's designates the presentation titled Texas Medicaid: Endocrinology and diabetes services under health care reform for 1.0 hours of ethics or professional responsibility.

Cook Children's Medical Center is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This activity provides 8.25 contact hours. You must attend the activity in its entirety and complete and return the evaluation tool.

# PESTOLA 2012 agenda

Friday, Jan. 27, 2012

6-8 p.m. **Welcome reception;** Hilton Fort Worth

Saturday, Jan. 28, 2012

8-8:30 a.m. **Registration, breakfast and exhibits**

8:30-8:45 a.m. **Welcome and overview**

Joel Steelman, M.D., Endocrine Consultant and Conference Director, Cook Children's

8:45-9:30 a.m. **Update on fibrous dysplasia of bone and McCune-Albright syndrome**

Michael Collins, M.D., Chief, Skeletal Clinical Studies Unit, National Institutes of Health

9:30-10:15 a.m. **Fertility preservation**

Robert Kaufman, M.D., Medical Director of Fort Worth Fertility, PA and Andrews Women Center at Baylor All Saints Hospital

10:15-10:30 a.m. **Break and exhibits**

10:30-11 a.m. **Concurrent session #1**

**a. Treatment of hyperthyroidism in children**

John S. Dallas, M.D., Endocrine Consultant  
Cook Children's

**b. Social media and the physician**

Joel Steelman, M.D., Endocrine Consultant  
Cook Children's

11-11:30 a.m. **Concurrent session #2**

**a. 9 months going on 19 years: A case presentation**

Jill Radack, M.D., Endocrine Consultant,  
Cook Children's

**b. Pediatric endocrinology in Latin America**

Alfonso Vargas, M.D., Professor of Pediatrics,  
Division of Endocrinology, Louisiana State  
University Health Science Center

11:30-11:45 a.m. **Break and exhibits**

11:45 a.m.-12:30 p.m. **Primer on the closed loop system**

Rubina Heptulla, M.D., Division Chief of Pediatric Endocrinology, Albert Einstein College of Medicine

12:30-1:30 p.m. **Lunch and exhibits**

1:30-2:15 p.m. **Management of dyslipidemia in children**

Don Wilson, M.D., Endocrine Consultant, Cook Children's

2:15-3 p.m. **Pediatric bone disorders: From common to rare diseases**

Pisit (Duke) Pitukcheewanont, M.D., Associate Professor of Clinical Pediatrics and Clinical Director of the Pediatric Bone Program at Children's Hospital Los Angeles, Keck School of Medicine at the University of Southern California

3-3:15 p.m. **Break and exhibits**

3:15-3:45 p.m. **Concurrent session #3**

**a. Transition to adult endocrine in type 1 diabetes**

Sarah Stender, M.D., Associate Professor of  
Pediatrics, Louisiana State University Health  
Science Center

**b. Aromatase inhibitors in precocious puberty management**

Susan Nunez, M.D., Endocrine Consultant, Specialty for  
Children, Dell Children's Medical Center

3:45-4:15 p.m. **Concurrent session #4**

**a. Update on congenital adrenal hyperplasia**

Perrin White, M.D., Professor,  
UT Southwestern Medical Center

**b. Team management of sex development disorders**

Amy Wisnewski, Ph.D., Associate Professor, Department of Urology,  
University of Oklahoma College of Medicine

**Saturday, Jan. 28, 2012 (cont)**

**4:15-4:30 p.m.**      **Break and exhibits**

**4:30-5:15 p.m.**      **PESTOLA physician business meeting**

**7-10 p.m.**      **Dinner/poster session**  
Fort Worth Hilton

**Sunday, Jan. 29, 2012**

**8-8:30 a.m.**      **Breakfast**

**8:30-9:15 a.m.**      **The diagnosis and management of type 2 diabetes in adolescents**  
Phillip Zeitler, M.D., Ph.D., Professor of Pediatrics and Clinical Science; Head, Section of Endocrinology,  
Department of Pediatrics, University of Colorado Denver School of Medicine

**9:15-10 a.m.**      **Update on pediatric growth hormone therapy**  
Steven Chernausek, M.D., Associate Chief of the Pediatric Diabetes and Endocrinology Section, University of  
Oklahoma College of Medicine

**10-10:15 a.m.**      **Break and exhibits**

**10:15-11:15 a.m.**      **Texas Medicaid: Endocrinology and diabetes services under health care reform**  
Jose Gonzalez, M.D., Medical Director, Texas Medicaid/SCHIP

**11:15-11:30 a.m.**      **Meeting adjournment**  
Joel Steelman, M.D., Endocrine Consultant and Conference Director, Cook Children's

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	<b>Before 12/9/11</b>	<b>After 12/9/11</b>
<b>Physicians</b>	<b>\$125</b>	<b>\$150</b>
<b>Nurses</b>	<b>\$75</b>	<b>\$100</b>

**Americans with Disabilities Act**

We want to provide individuals who have disabilities the appropriate services necessary to participate in this program. If you need auxiliary aids or services in order to attend this program, please call 682-885-4170.

**Cancellations**

Cancellations received in writing 14 days before the conference will receive a full refund. Cancellations received after this time will be assessed a \$25 processing fee. If you must cancel, please call 682-885-4170. No refunds will be made after the program begins.

**Accommodations**

A block of rooms has been reserved for the PESTOLA Conference at the Hilton Fort Worth located at 815 Main Street in Fort Worth. To make a reservation, please call 817-870-2100 or 800-HILTONS or visit [www.fortworth.hilton.com](http://www.fortworth.hilton.com). Reservations must be made by Tuesday, Dec. 27, 2011, using reservation code: CCM to receive the discounted rate of \$139 per night plus tax for single or double occupancy. Check-in time is 4 p.m., and check-out time is noon. Luggage storage is available. Cancellations must be made 72 hours before your arrival to avoid penalty. Valet parking is \$16.00 per day; no self parking is available. Transportation to/from Cook Children's Medical Center will be available.